

## Jonah 4 | Practical Steps this Week

- Where are some areas you tend to value your own personal comfort over showing God's compassion to people? Who are some people or groups of people you have been unwilling to show God's compassion to?
- What does it mean to take a genuine interest in others? Why do you think curiosity matters for living a sent life?
- What most needs to change in your life to show curiosity and devotion to others?

**Practical Steps this Week:** *Remembering God's compassion & love towards us (Romans 5:8) helps us move towards others with greater God-given compassion and love. What are some tangible ways you can show compassion this week?*

- Continue to pray and engage in conversations with your 5 people as God allows.
  - This week specifically, think about a specific way you can show CARE to these people.
    - What are the unique physical or emotional needs you see in their lives?
    - How can you bless and encourage them with your time or resources?
    - Is there something you can join them in that they care a lot about?
    - Is there an event (like Real Life or Church or a social hang out) you can invite them to this week?
- 

### **A Prayer** *(from Pastor Colin Smith)*

*Lord, make me less like Jonah and more like Jesus. Create in me a heart that quickly and gladly says yes to you!*

*Lord, make me less like Jonah and more like Jesus. My heart is full of my own prejudices and preferences. Give me a heart to love even my enemies as you do.*

*Lord, make me less like Jonah and more like Jesus. Make me willing to go wherever you send me, willing to be mistreated for your gospel. Allow me the joy of sharing in the fellowship of the suffering of Jesus.*

*Lord, make me less like Jonah and more like Jesus. I'm ashamed of my lack of compassion for those around me, and I seem to have no power to work it up in myself. As I get involved in the lives of others instead of retreating to a holy huddle, will you cause your compassion to overflow in me and through me?*

*Lord, make me less like Jonah and more like Jesus. Give me insight into my anger as well as into my joy so that I can hate what you hate and love what you love.*

*Lord, make me less like Jonah and more like Jesus. Keep me from becoming a cold-hearted, moralistic person. Break my heart like your heart is broken for those who are perishing. Give me tears in my eyes like the tears in your eyes. May my life be a sign pointing people to you, instilling hope that you will show them the same mercy you have shown to me.*